



**Helping Families Since 2017**

## Who are we ?

We are a group of volunteers who care deeply about our community and want to help families when times are tough.

We give out bundles of clothes, shoes and school uniform to families who need help, free of charge.

## What do we do ?



### **For Babies 0-2 years**

Nappies - disposable and reusable, Wipes, Toiletries, Clothes, Prams to Potties and everything in between



### **For children 2-14yrs**

Clothes, shoes, coats dental hygiene and school uniform



### **For Mums**

Maternity clothes, breast pads, nipple cream, sanitary towels, maternity pads

## How to get help

07789 465127 Mon-Fri  
yourbabyfod@outlook.com  
forestbabybank.org  
@fodbabybank



**Would you like to be one our referral agencies ? Please Email us !**