

# Gloucestershire Youth Neurodiversity Project

**Are you an Organisation, youth worker, parent, carer or young person?**

Scan the QR Code below for more information about this county-wide movement to remove stigma and misconceptions and shine a positive light on Neurodiversity

Scan Me!



**We are offering:**

**FREE**

## Organisations and Youth Workers

- ▶ Webinars
- ▶ Face to Face Training
- ▶ Paid CPD Opportunities
- ▶ Umbrella Installation
- ▶ Networking Opportunities
- ▶ Annual Award Events

## Parents and Carers

- ▶ Webinars
- ▶ Wellbeing Opportunities
- ▶ Annual Award Ceremonies
- ▶ Meet and Greet
- ▶ Access to Resources
- ▶ Reassurance

## Young People aged 11-24

- ▶ Webinars
- ▶ Chill and Chat
- ▶ Face to Face Workshops
- ▶ Online Workshops
- ▶ Safe Spaces Forums
- ▶ Annual Award Events

✉ [gloucestershire.project@adhd.foundation.org.uk](mailto:gloucestershire.project@adhd.foundation.org.uk)



## Benefits

### Organisations and Youth Workers

- Enhance your understanding of neurodiversity with our free training opportunity for you and your workforce.
- Participate in face-to-face training sessions, emphasizing visual learning for effective comprehension.
- Organizations that join will have opportunities to deliver paid workshops across the county.
- Additionally, free umbrella installations will be provided to showcase your commitment to an inclusive, neurodiverse environment.
- Connect with a vast network of support through various forums for organizations and youth workers.
- Attend events to learn how young people and adults are championing neurodiversity throughout the county. Celebrate diverse minds and join the movement today.

### Parents and Carers

- Enhance your knowledge of neurodiversity and gain strategies to support young people effectively.
- Join wellbeing activities and connect with a supportive community.
- Parents and carers are invited, welcomed and valued at our award events, recognising your vital role in helping young people thrive.
- Meet other parents and carers in a safe, non-judgmental space, and talk with trained support workers experienced in neurodiversity. Enjoy opportunities to laugh and have fun.
- Access free resources to support yourself and the young people in your life.

### Young People aged 11-24

- Attend webinars to gain a deeper understanding of yourself and those around you.
- Connect with like-minded young people in a supportive community, sharing experiences, playing games, and learning more about yourself while having fun.
- Participate in interactive workshops to learn about neurodiversity and co-produce resources to support yourself and others.
- Join a forum where your voice is valued and empowered, with the opportunity to nominate someone who has made a positive impact in your life.

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