What Parents & Educators Need to Know about

WHAT ARE THE RISKS?

Emojis are more than playful expressions — they form a fast-evolving digital language that many adults struggle to decode. For young people, this 'secret code' is central to how they communicate identity, humour and emotions. With over 5 billion emojis sent daily on Facebook Messenger alone, understanding these symbols is key to engaging meaningfully with digital youth



GENERATIONAL MISCOMMUNICATION



An emoji like 📥 (thumbs up emoji) might seem friendly to adults, but teens often interpret it as sarcastic or passive-aggressive. These differing interpretations can create confusion or unintended tension in cross-generational conve<u>rsations.</u>

SHIELDING BULLYING OR PEER PRESSURE



When embedded in emojis, mean-spirited jokes or exclusionary language can fly under the radar. Terms like 'mid' or 'delulu' may seem harmless, but they can be used to undermine peers in subtle ways.

RAPIDLY SHIFTING MEANINGS

Emoji meanings can change overnight. A person standing emoji (🗂) once signified awkwardness but might now be repurposed for something entirely different. This ever-changing lexicon can leave adults in the dark and young people vulnerable to misunderstanding or misuse.

MASKING DISTRESS OR HARM



Some emojis are used to discreetly signal troubling behaviours. For instance, (c) (falling leaves emoji) or (pill emoji) might suggest drug use, while (e) (wilted flower emoji) could hint at emotional struggles. Such usage can obscure serious issues, making them harder for trusted adults to detect

NORMALISING RISKY BEHAVIOURS



Advice for Parents & Educators

LEARN THE LINGO





CREATE SAFE SPACES FOR DISCUSSION



Encourage casual chats about emojis, online slang, memes, or social media trends. Showing interest without judgement reassures young people that they can talk about their digital world openly and safely.

ASK, DON'T ASSUME

Approach unfamiliar emojis with curiosity rather than suspicion. A light-hearted "What does s" (juice box emoji) mean these days?" can open conversation and show that you respect their knowledge.



PRIORITISE TRUST OVER SURVEILLANCE

While parental controls and monitoring tools can be useful, emotional safety matters most. Be someone children and young people feel they can come to — not just someone who's watching them.

EMOJI CHEAT SHEET - The following slang terms and emojis are some common examples - please be aware this isn't an exhaustive list

COMMON EMOJIS:















(Goat) Greatest of all time (G.O.A.T.)



(Nails) Confidence, sassing or indifference



(Triangular flag) Red flag; a













(Pill) May reference drug use or prescription misuse



(Wilted flower) Often used to convey emotional struggle or sadness







(Steaming bowl) Refers to nudes ('noods' is an abbreviation of noodles)

Meet Our Expert

Keith Broni is a globally renowned emoji expert and the Editor in Chief of emojipedia.org, the world's number one emoji resource. He has an MSc in Business Psychology from University College London and an MBA from Quantic School of Business and Technology.





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