Year/Half-termly unit titles	1	2	3	4	5	6
	Me and my Relationships	Valuing Difference	Keeping Myself Safe	GHLL RSHE	Rights and Responsibilities	Being my Best
Key events	Mental Health Awareness Week	Children in Need Christmas Jumper Day	Children's Mental Health Week 4 th – 11 th Feb Safer Internet Day (Computing) 8 th Feb	Comic Relief/Sports Relief (PE) 18 th March	Sun Awareness Week 6 th – 13 th May TBC Mental Health Awareness Week 13 th – 20 th May	My Money Week (Maths)
EYFS	What makes me special People close to me Getting help	Similarities and difference Celebrating difference Showing kindness	Keeping my body safe Safe secrets and touches People who help to keep us safe	-Responsibility -Growing up -People Who Help Us -Keeping Ourselves Clean	Looking after things: friends, environment, money	Keeping by body healthy – food, exercise, sleep Growth Mindset
Y1	Feelings Getting help Classroom rules Special people Being a good friend	Recognising, valuing and celebrating difference Developing respect and accepting others Bullying and getting help	How our feelings can keep us safe – including online safety Safe and unsafe touches Medicine Safety Sleep	-Changes – Life Cycles -Changes – The Human Life Cycle -Being Unique -Personal Hygiene	Taking care of things: Myself My money My environment	Growth Mindset Healthy eating Hygiene and health Cooperation
Y2	Bullying and teasing Our school rules about bullying Being a good friend Feelings/self-regulation	Being kind and helping others Celebrating difference People who help us Listening Skills	Safe and unsafe secrets Appropriate touch Medicine safety	-Similarities and Differences – Body Parts -Where Do Babies Come From? -Changes – Physical -Changes - Becoming Independent	Cooperation Self-regulation Online safety Looking after money – saving and spending	Growth Mindset Looking after my body Hygiene and health Exercise and sleep
Y3	Rules and their purpose Cooperation Friendship (including respectful relationships) Coping with loss	Recognising and respecting diversity Being respectful and tolerant My community	Managing risk Decision-making skills Drugs and their risks Staying safe online	-Similarities and Differences – Reproductive Organs -Types of Love -Personal Hygiene – Hand Washing -Personal Hygiene - Infection	Skills we need to develop as we grow up Helping and being helped Looking after the environment Managing money	Keeping myself healthy and well Celebrating and developing my skills Developing empathy
Y4	Healthy relationships Listening to feelings Bullying Assertive skills	Recognising and celebrating difference (including religions and cultural difference) Understanding and challenging stereotypes	Managing risk Understanding the norms of drug use (cigarette and alcohol use) Influences Online safety	-Changes – Life Cycles -Changes – Responsibilities -Personal Hygiene – Antibiotics -Challenging Stereotypes	Making a difference (different ways of helping others or the environment) Media influence Decisions about spending money	Having choices and making decisions about my health Taking care of my environment My skills and interests
Y5	Feelings Friendship skills, including compromise Assertive skills Cooperation Recognising emotional needs	Recognising and celebrating difference, including religions and cultural Influence and pressure of social media	Managing risk, including online safety Norms around use of legal drugs (tobacco, alcohol) Decision-making skills	-Changes – Physical -Changes – Emotional -Personal Hygiene – Keeping Clean -Genetic Inheritance	Rights and responsibilities Rights and responsibilities relating to my health Making a difference Decisions about lending, borrowing and spending	Growing independence and taking responsibility Keeping myself healthy Media awareness and safety My community
Y6	Assertiveness Cooperation Safe/unsafe touches Positive relationships	Recognising and celebrating difference Recognising and reflecting on prejudice- based bullying Understanding Bystander behaviour Gender stereotyping	Understanding emotional needs Staying safe online Drugs: norms and risks (including the law)	-Changes – Physical -Changes – Emotional -Life Cycle – Sexual Intercourse -Relationships -Birth and a New Baby	Understanding media bias, including social media Caring: communities and the environment Earning and saving money Understanding democracy	Aspirations and goal setting Managing risk Looking after my mental health